

GOLDEN VALLEY LODGE YEAR 4 CAMP 2019

GEAR LIST

Tick everything as YOU put it INTO your bag. (You need to pack your own bag because you are the one that needs to be able to find your belongings on camp, you can't ask mum/dad/carer where your spare undies are...)

Please make sure you write your name on everything you bring

General Clothing Items:

please bring old clothes

- 3 warm jumpers (e.g. wool or fleece)
- 3-4 pairs of LONG pants (not jeans)
- 4 long sleeved t-shirts
- 1 short sleeved t-shirts
- 6 pairs of underpants
- 6 pairs of socks
- 1 warm hat
- 1 warm waterproof coat
- Warm PJ's (extra if required)

Shoes:

- 2 old pairs of shoes/boots/runners (suitable for hills, they will get wet & muddy)
- Slippers (used every time you come inside)
- Thongs for the showers

Bedding:

- Warm sleeping bag
- Single fitted sheet (G.V.L. requests all guests use a fitted sheet irrespective of the type of bedding used)
- Pillow & pillow case

Toiletries:

- Soap, toothbrush, toothpaste, shampoo, hairbrush, roll on deodorant
- 2 towels
- Hair ties (a must for boys and girls with long hair)
- Tissues

Other Items:

- Teddy Bear (the teachers are bringing theirs!)
- Small back pack (snack, lunch, drink bottle packed for the first day)
- Small torch with batteries and spare batteries
- 3 large, strong plastic bags (for taking wet or dirty clothes home)
- Gumboots
- Camera (in a waterproof bag) – this will be the responsibility of your child
- Activities for spare time – e.g. book, pencils/notebook, etc. no electronics
- Medication (if required)

Please Note:

All medication need to be in their original packages/bottle and in a named zip lock bag. Please give this to the teacher in charge of first aid upon arrival.

NB: We can only administer medication at the dosage prescribed on the printed label or script.

Golden Valley Lodge recommend long pants, shoes and socks should be worn while participating in adventure activities. NB: Clothes may get wet, dirty or damaged so bring old clothes.

There is stacks of food on camp. Students only need to bring lunch for the first day, they don't need to bring any other food.