Principal Report

Last Saturday was our first Working Bee for 2013. It was fantastic to see all of the new faces supporting our Buildings and Grounds Subcommittee.

The focus areas for this day were:

I. Maintenance of the front garden beds
II. Tree / Branch Trimming
III. Numerous handy man jobs
IV. Preparation of the garden beds for our successful grant application to become part of the “Wildlife Corridor” from Mentone to Edithvale.
V. Reorganisation of the Library Office & further shelf assembly for our new books.

Our Library, is moving on in leaps and bounds under the supervision of Marika Rogers, Larissa Campbell and Maria Brown. Ensuring that all of our resources are on the new library system is a huge job & I would like to thank these parents and those parents & grand parents who help them on Wednesdays for their patience and hard work.

On behalf of the staff at CHPS I would like to wish our families a safe happy Easter break,

Jane Satchwell
With the combination of what were the Fundraising committee and the Parent Club a newly named parents group has been formed and will be known as the CHPS Parents and Friends Club. Our role is to raise the morale of students and families and bring the school community together in a fun and positive manner, as well as raising funds to keep our school running efficiently and being able to fund projects within the school for the benefit of our children, after all that is why we are all here.

I would like to welcome and introduce the 2013 Parents and Friends Committee:

- Vice President: Tamara Hudson
- Secretary: Amanda Munroe
- Treasurer: Michelle Marshall
- Assistant Secretary: Gerard Ryan
- Assistant Treasurer: Maria Brown.

I look forward to a fun year ahead and welcome one and all to join us at a meeting or assist or attend an event being held.

**Our next meeting** is on Wednesday 17th April at 9am in the P&F room (room10)

Thank you and have a Happy Easter and safe and happy holidays, we look forward to seeing you back in Term 2.

Marika Rogers
President Parents and Friends 2013

**UPCOMING EVENTS: TERM 2 2013**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Contact</th>
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<tbody>
<tr>
<td>Wednesday 24th April</td>
<td>5.30 – 8 pm</td>
<td>Market Night and Family BBQ</td>
<td>Marika Rogers</td>
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<tr>
<td>Tuesday 7th May to Friday 10th May</td>
<td>2.30 – 3.30pm (4pm on Friday)</td>
<td>Mothers Day Stall. Notices will come out at start of term.</td>
<td>Ann Butcher &amp; Marika Rogers</td>
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<tr>
<td>Thursday 23rd May</td>
<td>9 am</td>
<td>Biggest Morning Tea – to support the Anti Cancer Council</td>
<td>Gerard Ryan</td>
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**SECOND HAND SCHOOL UNIFORM**

*Have the children grown? Do you have uniforms forming piles at home and don’t know what to do with them?*

This is where the Second hand uniform shop comes in. We are currently seeking any donations of school uniforms (in good condition) that can be sold on to other school families.

The Second hand Uniform Shop shall be open on Thursday mornings (beginning 18th April) from 8.50am to 9.20am.

The uniform shop is located in the P&F room (Room 10) just near the Prep building.

Any donations can be brought in on a Thursday morning or handed in at the office.

Thank you,

Paula Salter (Volunteer co-ordinator SHUS)
THANK YOU

Thank you to our sponsors of our latest Working Bee—Doyles and Woolworths and for donations for our Easter Raffle Woolworths and Premium Chocolate Company!

Jenny Halse.

VICTORIAN PREMIERE’S READING CHALLENGE

The Victorian Premiere’s Reading Challenge 2013 is now open!

Last year over 220,000 Victorian students read more than 4 million books. Hopefully this year’s Challenge will inspire even more children and young adults than ever before to foster a love of reading.

Stand by to receive further information on how you and your children can participate. Or alternatively, head straight to www.education.vic.gov.au/prc to find out more.

A HUGE Thank you to the “Working Bee” helpers—you moved mountains (of soil, branches and many other things) for our school.

David & Zhengen Ren  Cameron Grimmer  Maria Brown  Anna Wah
Ashley & Rianna Orchard  Kayla & Alivia Salter  Wes Nicholson  Pia Licciardo
Declan, Logan, Amber & Marika Rogers  Sharelle, Darci, Shaye & Aston  Jade Charters  Zelpa Bazza
Phil & Massimo  Terry & Harry Gen- Archer  Mrs Satchwell & Sharona
David & William Laurance  Paula Salter  Peter Maddaford  Andrea & Harry Cole

It was brilliant to see our students “pitching in” and helping at the working bee.

It took some strong stomachs to empty the compost bins into our new garden beds.
Are you interested in helping improve our understanding of the associations between children’s health and diet?

Chelsea Heights Primary School has been selected to participate in a Victorian study looking at the salt intake in primary school children, funded by the Heart Foundation.

Excessive salt consumption during childhood can increase the risk of cardiovascular disease later in life. Given much of the food we eat is high in salt; it is likely that children are consuming more salt than recommended by dietary guidelines and that this may be impacting on their health. For example 93% of pizza from Pizza Hut contained over 2.4g of salt per portion, which is more salt than children need in an entire day.

Through this study your child will begin to understand the link between what they eat and what happens in their body.

- In this study we will measure children’s salt intake.
- This information is needed to help develop ways to lower salt intake in children, and in turn protect their health.
- We will also measure children’s blood pressure and body weight and examine the relationship between children’s salt intake and these factors.


To express interest in the study please complete the slip below and return it to the school office by Thursday the 18th of April.

We look forward to your child’s participation in the SONIC study.

Kind Regards
Manuela Rigo

Child’s Name:................................................................. Grade:..................
Parent’s Name:..............................................................
Contact phone:............................................................
E-mail:.............................................................................

SONIC Study - Salt & Other Nutrient Intakes in Children
FREE FLU VACCINES

Chelsea Heights Medical Centre are offering free* flu vaccines and will be running sessions from March thru to June Monday & Wednesdays from 4pm – 8pm Tuesdays & Fridays 8am – 12pm

*Conditions apply

**SOON TO BE EXTENDING OUR CONSULTING HOURS TO 10PM EVERY EVENING**

BULK BILLING CLINIC
Looking for quality and experienced local teachers for your child in Dance & Drama?

TANIA ROBINS ACADEMY OF DANCE & DRAMA
(TRADD)

Enrol now for term 2, 2013

Cecchetti Classical Ballet, Pilates for all ages, Tap beginners to Adults, Jazz, Hip Hop & Acrobatics, Drama & Voice,
Contemporary, First Steps (tinties) Song & Dance.

Check out our website for current 2013 information
www.taniarobins.com.au

Classes held at our Brand new studio in Mordialloc & Parkdale Scout Hall.

Contact Tania Robins 0414628996 or taniarobins@hotmail.com

BEING A DAD AGAIN

A seven-week program for the men of Kingston, who want to keep their relationship on track

We look at:
- Where is your relationship right now?
- Being a better father and partner
- Better manage your stress
- Discussing differences
- Balancing work and family

The details:
Starts: April 3, 2013, 6-8 pm
Cost: No charge
Venue: Maternal Health Centre, cnr Como Parade and Herbert Street, Parkdale, 3195
Contact: Nick Theophiliou - 0432 222 423

BOOKINGS ESSENTIAL

The convenor: Nick Theophiliou for 20 years has assisted men to improve their relationships with their children and partners. He holds a Graduate Diploma in Counselling, produced the film Inside a Men’s Group and is writing the book Ten Things Men are doing WELL.

Join the NAB AFL Auskick Team

NAB AFL Auskick makes learning to play AFL fun and easy for boys and girls. Through weekly coaching sessions they will learn the skills of the game just like their AFL heroes.
By getting involved they will:
- Learn the basic skills of AFL
- Be part of a great team
- Meet new friends & teammates
- Play non-contact AFL games
- Have fun with friends

Imagine your children’s excitement as they kick their first goal, making memories that will last a lifetime - this is the little big thing!

Shane Crawford
NAB AFL Auskick Ambassador
1999 Brownlow Medallist
2008 Premiership Player

How to Register

To easily register and pay online for NAB AFL Auskick, just follow these simple steps:
Visit www.aflauskick.com.au
Enter your postcode in the centre locator
Select the centre you would like to attend
Complete the registration questions
Pay your registration online

AFL Victoria is only accepting online payments. It’s that easy! For more information contact your local centre coordinator.

BONBEACH Auskick

2013 Season starts Saturday April 13th from 9:30am - 11.00am.
Register and pay online at www.aflauskick.com.au before April 13th to receive 2 adult and 2 children tickets to a selected match at the MCG.
Any queries email bonyauskick@hotmail.com or call Paul at 0432 952 972.

Check us out on facebook
Chelsea Heights
Tennis Academy

TENNIS COACHING

*Cardio tennis- A great way to get fit and lose weight. All ages and levels, rackets provided.

*Hot Shots- 4-7yrs. Includes a free racket and t-shirt. $99 per term

*Junior group lessons 8-17 yrs. Rackets provided. $99 per term

*Adult classes and private lessons

*Junior & Senior teams, social tennis, Wednesday midweek ladies

*6 courts, 4 with lights

*Holiday program, Monday 8th april. 4-5.30pm. Cost $17.

For all coaching and general enquiries call Leigh @ 0439616748 or register online @ www.chelseahadfieldtennis.com.au

Membership enquiries visit www.chelseaheightstennis.com.au

Venue- Chelsea Heights tennis club. Thames Promenade.

Aspendale Stingrays soccer club

THE ASPENDALE STINGRAYS ARE URGENTLY LOOKING FOR JUNIOR SOCCER PLAYERS FOR THE UPCOMING 2013 SEASON

PLAYERS ARE REQUIRED FOR THE FOLLOWING

U9’S MIXED (BOYS AND GIRLS, BORN 2004/2005)

AND THE GOAL KICK SKILLS PROGRAM WHICH IS FOR BOYS AND GIRLS BORN FROM 2006 TO 2008

For more information please go to the Club’s website www.aspendalesc.com or contact the Club’s Registrar via email on registrar@aspendalesc.com

Dancing Open Day!
Saturday 13th April

Call Miss Brianna 0420 356 232. Bookings essential!
2 Lamana rd, Mordialloc.

mordy@glitteryday.com
www.glimmerymasterday.com

Holiday Fun
@ Mentone Bowl

$15 Unlimited Bowling

Bowl as much as you like!!!
From 10am - 5.00pm

*conditions apply*

PLUS Grab a $6 MEAL DEAL
Hot Dog, Fries & Soft Drink

Book on
9583 1244

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