Principal Report

The countdown has begun to the end of the year but as in all Primary Schools rather than winding down our staff are busier than ever.

There are many activities being coordinated and implemented including; Grade 6 Graduation and their exciting last week activities, the Grade 2 breakfast and Grade 3 Sleep Over, CHPS Christmas Carols and more.

1:1 iPad Program Grades 5 and 6 2013:
The response to our 1:1 iPad Program in grades 5 and 6 for 2013 has been fantastic! I would like to thank parents for their timely return of the Option Form.

I am working closely with the Grade 5 and 6 teachers, Jenny Stokes (ICT Coordinator) and our supplier to develop the paperwork which further explains the program. This will be going out to parents before the end of the year and outlines the following:

1. Technical information about iPads leased or bought through the school
2. Support available with iPads leased or bought through the school
3. Warrantee and damage/loss
4. Acceptable use agreements for Parents, students and teachers
5. How the program will be managed in the classroom
6. Important dates such as; parent information sessions, return of acceptance agreements & payment plans for leasing, allocation of school provided iPads,
7. Other information such as; how the iPads will be introduced and set up within the classrooms, care of the iPads both at school and in transit to and from school
8. Frequently asked questions regarding iPads within your child’s learning

It is essential that all forms are returned to school whatever your decision re the program. If there is not a box that meets your requirements please write on the form what your family has decided to do.

As always I am free to discuss with parents concerns or questions that they might need addressed.

Transition:
Thank you to all of our parents who read POLICY NO.33 - Class Structure and Student Placement which was included in our October Newsletter and have followed the process outlined. As stated in our policy, requests needed to be addressed to me in writing by the end of October, 2012. At this stage in the year, we are no longer able to accept requests for student placement.
Principal Report

Kinder to Prep: Our Preps for 2013 have completed their fourth session and will be joining us on Tuesday the 11th December for a whole morning. The program has been extremely successful. Due to the hard work of our Prep Team, our future students are happy, settled and excited. A big thank needs to go to Mrs Wright for her work in running and coordinating our Parent Information sessions which support our parents to feel well informed and comfortable within our school.

Grade to Grade: This week saw the implementation of our second cross school transition session. Last week all students spent their first hour in the grade level that they will be entering in 2013. The next two sessions will see students experience different teachers and complete more team building activities to support them in feeling excited and confident about 2013. On Tuesday the 11th December the session will run for the entire morning and the aim is for students to work in the room and with the teacher they will be having in 2013.

Grade 6 to Secondary: This year’s students are taking part in the Kingston Network Schools Transition Program which includes discussions and activities around the following topics: The Brain, Resilience, Healthy Lifestyle, Organisation and Time Management, and Mindfulness on Thursday 29th of November. Parents of our graduating grade 6 students are encouraged to attend the Parent Session which is being held from 7 to 8 pm in the Green Learning Zone. The purpose of this session is to give parents information about how they can help themselves and their child/children to successfully make the transition from primary to secondary school.

Booklists 2013: You will have received these earlier this week due to the amazing organisation of Mr Mace. To support a smooth coordination of your child’s order please return your forms to the office by Friday 7th December at the latest.

I look forward to seeing you and your families at our Christmas Carols on Thursday 13th December.

Kind Regards
Jane Satchwell

NEWS FROM THE LIBRARY

As we are in the process of setting up a new library system the library is now closed for borrowing. We encourage all students that have library books to return them as soon as they can. This week all students will receive a list of books that they have on loan. They will need to be returned by Tuesday December 4th.

Next week (beginning 3rd December) will be the final week of take home readers for students as these books also need to be put on to the library system.

Thank you for your understanding.

HOOP TIME
BACK TO BACK REGIONAL CHAMPS

Congratulations to the Chelsea Heights Heat, our Hoop Time Regional Basketball Champions. Our basketball team will be representing Chelsea Heights PS at the Hoop Time State Championships for the second straight year. The team consists of Luke Brooks, Tom Mclean, Gus Macpherson, Daniel Santos, Allegra Sujica, Breanna Mills, Taylor Dale and Georgia Foreman.

A special thanks to Donna Foreman for coaching the team and driving students to and from the venue as well as Jenny Mclean for driving students.

Good luck this Friday at the State Championships, the school and community will be behind you all the way!

The letter below outline how very proud we are of our students and the way they conduct themselves.

Dear Miss Wood,
I just wanted to let you know how proud I am of your basketball team.
All of them represented the school with pride and sportsmanship.
They played as a team and all of them contributed their best in every game.
I am honoured to be a part of such a great group of kids.
From a Parent at CHPS

Travis Stevenson
Health and Physical Education Coordinator
CHELSEA HEIGHTS TALENT SHOW

A couple of months ago Miss Thompson (a student teacher in Miss Wood’s classroom) began a Chelsea Heights Grade 5/6 talent show. The turnout was amazing and the competition was fierce. The finalists were chosen by the Miss Thompson and Miss Greenaway.

Last Friday, after months of preparation, two groups of students stood in front of their peers and performed with Mrs Ryan and Miss Greenaway as the judges.

Allegra Sujica, Breanna Mills and Taylor Dale choreographed a dance to a selection of music that they had remixed themselves.

The winners were the ‘GKKT’ band with an absolutely stunning performance of the song ‘Battlescars’, complete with two singers, keyboard and electric guitar, was Katja Jansen, Kyle Wilkes, Tyree McPherson and Georgia Foreman.

Congratulations to everyone who tried out, and of course, the winners of the Chelsea Heights Talent Show!

GRADE 3/4 EXCURSION—BY AMBA ROGERS 3B

On Tuesday 13th November the grade 3’s and 4’s went on an excursion to do a city walk and go to the Eureka Tower.

First the grade 3’s went on the city walk and saw a whole heap of crazy and unusual buildings. We saw a stick house, Federation Square, Flinders Street station and St Paul’s cathedral.

I liked St Paul’s cathedral because it has beautiful stained glass windows, an awesome wooden arched roof and fabulous detailed and patterned tiles on the floor.

I also liked the stick house because it was cool and unusual. It was made of bamboo and sticks.

After lunch at Alexandra Park the grade 3’s went to the Eureka Tower. We went to level 88. It was a bit scary because it was so high from the ground. I looked out binoculars and saw lots of cool places. I liked the Eureka Tower because you could see the whole city from up there.

The whole excursion was fun. I really want to go back there. Best excursion ever!
GOOD VISION FOR LIFE

Did you know that along with allergies and asthma, eye disorders are the most common long term health problems experienced by children? Good vision is important for educational, physical and social development and to help young people reach their full learning potential.

Many young people experience undetected vision problems as they often assume that how they see is normal. The good news is that once detected, most eye problems are easy to correct. Incorporating regular eye examinations into your general health routine – just like visits to the dentist - can help to detect vision problems as well as other eye conditions that can threaten the health of eyes.

Signs your child may have a problem with their eyes include:
- Complaints of headaches or sore eyes
- A turned eye, red or watery eyes, and frequent blinking
- Delayed progress in reading ability
- Poor hand-eye coordination
- Skipping lines, losing their place or omitting words when reading
- Sensitivity to light
- Squinting when reading or watching television
- Difficulty recognising familiar people in the distance
- Difficulty concentrating.

Children’s eyes should be checked regularly throughout their school life, and immediately upon noticing any problems with their eyes or vision. You can see an optometrist without referral from a doctor, and most “consultations attract a Medicare rebate. Visit www.optometrists.asn.au for more information on the things you can do to protect your eyes and to search for an optometrist in your area.

PARTNERING WITH FAMILIES, REGULAR FUN ACTIVITIES

When was the last time you and the family sat down to enjoy uninterrupted time to tell stories, have fun, cook up something yummy and do some craft activities?

Our definition of a Family:
Any combination of mum, dad, children (any age), grandma, grandpa, aunts, uncles, carers, single, divorced, separated and even if you have no children you are still most welcome.

Why not pop along on the 3rd Sunday of every month between 2-4pm to the Chelsea Church of Christ Hall 5 Blantyre Avenue Chelsea to check it out.

Do you like the outdoors, playing games and exploring nature?

Then you are invited to our next FREE Partnering with Families Activity to be held at Braeside Park – Rosella Car park on Sunday 25th November between 1-4pm.

Bookings are essential: Call Judi on 0423 375 714.

SUSTAINABILITY TIP

If you can reuse paper or put it into the recycling bin that would be helpful to the environment and trees. Remember every tree we cut down there is more greenhouse gases.

Katja and Tyree (Sustainability Team)
Sustainability at Chelsea Heights Primary

CHELSEA HEIGHTS PRIMARY – A RESOURCESMART SCHOOL

Thanks to Sustainability Victoria, Chelsea Heights Primary School has begun the process of becoming a Resource Smart School.

ResourceSmart Australian Sustainable Schools Initiative (AuSSI) Vic is a program to develop a whole of school approach to build sustainability into the fabric of everyday school and community life – that is it helps the school to minimise waste, save energy and water, promote biodiversity and cut greenhouse gas emissions. Doing all this also helps the school save money and redirect our resources from paying bills to educating our students.

If you would like to know more about the program or would like to be involved please speak to your child’s teacher or have a look at the website: http://sustainability.ceres.org.au/.

CORE MODULE – PREPARING THE WAY

CHPS began the program in 2011 by completing the Core Module putting in place systems and processes to allow the remaining (more action oriented) modules to be completed.

WASTE – THE FOCUS OF 2012

This year the school is completing the ResourceSmart Waste Module. The Waste Module assists schools to reduce waste to landfill by 70%, aiming for 0.3m³/student/year and has five main themes:

1. Reduction of Resource Use
2. Reuse of Materials
3. Recycling
4. Green Procurement and Materials
5. Litter Control

Some of the projects being undertaken include:

- **Nude Food Wednesdays** – Under the guidance of the Grade 6 Sustainability Team every Wednesday all students and staff are encouraged to bring their lunch and snacks in re-useable containers with no wrappings. We hope that this will eventually be extended so that students aim to have ‘nude food’ every day of the week. (Buying food in bulk rather than individually wrapped snacks can also save parents at the supermarket check-out.)

- **Reducing paper use** - Students and staff are thinking carefully about how much paper they use by reducing the amount of material printed, using the back of paper and ensuring paper is eventually recycled.

- **Monitoring waste** - Grade 2 students are monitoring the amount of waste going into the skip each week.

Reducing waste will also reduce costs in purchasing and waste collection – freeing up funds to be used more directly on providing our students with a better education.

Other Sustainability Actions at the school over this year include:

- Term 3 saw a whole school focus on Sustainability Inquiry with a different focus at each level
- The Grade 4 students have been managing the school’s vegetable garden producing and eating some amazing veggies.
- A parent volunteer has both been planting succulents in various garden beds around the school and teaching students how to grow these water saving plants from cuttings.

A NEW PARENT SUSTAINABILITY GROUP

To support the school achieve its sustainability aims a new Parent Sustainability group is being established and we are looking for interested parents to come on board. This group will primarily work within the framework of the ResourceSmart program but will determine exactly how it does this. To start with it has been suggested that the group focuses on 3 main areas:

- Resource management (including eco-friendly purchasing, waste-wise events etc)
- Sustainable garden (including bio-diversity, food growing and water-wise plants)
- Supporting the canteen to become more eco-friendly

If you’d like to be involved in this group please email Robyn at jerwin4@bigpond.com or to find out more phone 0437025981.

Fundraising News

**Ladies Market Night**
Thank you to all that attended our Ladies Market Night. The night was a great success and fun was had by all.

**Woolworths Earn and Learn**
This has ended and the points totalled (just over 70000 points) have now been used to select a variety of school resources that shall be delivered to the school early in the new year.

**Christmas Carols**
These are fast approaching, Thursday 13th December. Lots of great singing by our children, BBQ (run by Parent Club), decorate your own gingerbread Christmas trees, live auction of year level Christmas tree art pieces. So put it in your diaries and come along and join in the festivities of the night.

**Book Club**
New issue #8 catalogues have now been distributed to classes. These are due back no later than Wednesday 5th December. This is the last book club for the year. Thank you for your support of Book Club over 2012.
Information for Parents

Safety is a conversation between young people, teachers, the community and most importantly, you – as a parent – with your child.

Many young people won’t tell their parents if they are being bullied. If you suspect or know that bullying is taking place, don’t ignore it. The consequences can be serious. Ask your child how they are, and listen and take their feelings and fears seriously.

Help by:
- Normalising any feelings of embarrassment, hurt or fear
- Reassuring them that bullying is not their fault and that they are not responsible for what is happening to them
- Making sure they are safe. Sometimes this may require taking action that they are not happy with. Have a conversation if this is the case
- Trying to give them as many options as possible to find solutions so they feel more in control. This is really important as many young people stay quiet about being bullied because they are worried that speaking up will make matters worse. Solving problems with your support, can increase self-esteem and ensure that you achieve their desired outcome
- Working on improving the young person’s confidence by building on the things they do well
- Helping them feel good about other things in their lives
- Reassuring them that they are not alone, it shouldn’t be the responsibility of your child to do something about the situation by themselves

For more information
Check out the Facebook Bullying Prevention Resource Centre: https://www.facebook.com/safety/bullying and the Facebook Safety Centre: www.facebook.com/safety or go to www.headspace.org.au to access support. To receive daily posts of inspiration and advice, check out the PROJECT ROCKIT Facebook page: www.facebook.com/projectrockit
Pin these great ideas to your fridge for nude food lunches.

Packing a healthy lunch is an important part of ensuring that your children meet their vitamin, mineral and nutrient requirements. Children who eat healthily will ensure they have energy not only for growth and activity, but can also help with their concentration in the classroom.

### Sandwiches

- Pull apart style loaves—fill with ham, bacon, chicken, sundried tomatoes, capsicum, tomato, olives roast vegies, cheese, spinach.
- Wraps
- Egg and lettuce
- Chicken and salad
- Tuna and salad
- Cheese and salad

### Other meals

- Egg and bacon pie
- Chicken drumsticks or chicken skewers and salad
- Tuna salad
- Rice paper rolls
- Quiche
- Mini meatloaves and salad
- Zucchini and corn fritters
- Tuna patties and salad
- Sausages and salad
- Pasta in a thermos
- Soup in a thermos
- Risotto in a thermos
- Sushi rolls
- **Salads could include** cherry tomatoes, cucumber, celery, carrot, diced roast vegies, coriander, parsley, boiled egg, diced leftover chicken schnitzel etc

### Snacks

- Pikelets
- Fruit—whole fresh fruit, grapes, watermelon, diced mango, tinned fruit, fruit salad.
- Banana bread
- Flourless orange cake
- Scones or muffins—cheese, zucchini, carrot, pumpkin, spinach, bacon, jam
- Pepitas and sultanas
- Yoghurt and fruit
- Dips (hummus, cream cheese based, guacamole, tzatziki) with carrot, capsicum, snow peas, celery
- Home made muesli bars (many recipes can be found online)
- Hard boiled eggs
- Popcorn

Avocado and Tuna Sandwiches
This recipe can be found at taste.com.au
NEWS FROM CHELSEA HEIGHTS COMMUNITY CENTRE

Our popular Christmas Gingerbread House making classes are a lot of fun and you leave the class with a delicious ‘House’ gift wrapped ready for your family or to be given as a gift - choose from Thursday evenings or Friday afternoons.

We have a few vacancies in our Friday morning Art classes. From 10am to 12noon enjoy the company of other aspiring artists, improve your art or try new mediums, a lovely way to the end the week.

2013 waiting lists are open for our Monday Kinder Activity Group and Tuesday and Thursday four hour child care sessions.

Ring 9772 3391 to book, for more details or our Term brochure, and please visit our website for a full program at www.chelseaeheightscommunitycentre.com.au or just drop on by.

CHILDREN’S CAROLS BY CANDLELIGHT

Saturday 1st December

FREE pre-show craft activities at 4pm

Carols 5pm-6.30pm

Featuring Cathy Beckham from hey dee ho Music, The Chelsea Parish Choir and others

SANTA will visit approx. 6.15pm

FREE Show Bag for every child

BOOKINGS ESSENTIAL

Patterson Lakes Community Centre
Phone: 9772 8588

Stable on The Strand

Chelsea Uniting Church Parish invites you to come along to
The Strand, Chelsea (Chelsea Shopping Strip)
to share our stable and costumes for your
FREE Christmas Nativity Photos.

Saturday 1st December
10am – 1pm
BYO Camera and Smiles

Details 9550 3049

CRICKET COACHING

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Or visit
www.cricketcoaching.com.au
for more information

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Family fun day
Saturday 24th November 1–5pm

Come and meet RAM the Orange
Aqua Disco
Animal Farm
Inflatables
Water rollers
and much more

Visits from Waves' very own Ollie the Octopus
EDUCATION MAINTENCE ALLOWANCE (EMA) INFORMATION FOR PARENTS

Changes to the Education Maintenance Allowance (EMA) for 2013:

The EMA continues to help families on lower incomes with financial assistance to cover the cost of educational expenses including textbooks, stationery, uniforms and excursions for their child up until the age of 16.

From 2013, the Victorian Government is restructuring the EMA to better target financial support to families on lower incomes. Payments made direct to parents will be increased for eligible recipients at all year levels up to age 16, with an additional increase for parents with students in Years Prep and 7 in recognition of the additional costs at these transition points.

In 2013 the annual EMA payment for families with children in primary school (years 1-6) will receive a payment of $150. Families with children in secondary school (Year 7 up until the age of 16) will receive an annual payment of $250.

The School Start Bonus which was previously received by EMA families has been discontinued as a separate payment from 2013. However, additional funding has been incorporated into the EMA meaning that parents of children in Prep and Year 7 will receive boosted EMA payments of $200 and $300 respectively in those years.

From 2013, the EMA will no longer be paid 50/50 between the parent and the school. The 50% school portion of the EMA will no longer be paid to schools on behalf of parents. However, $62 million over four years will be redirected to the State’s most needy schools to assist families on lower incomes. These funds will form part of the school Student Resource Packages to be allocated at the local level.

New EMA payment option

From 2013, on the EMA application form you can choose to have your EMA payment;

- Paid by direct deposit (Electronic Funds Transfer) into your nominated bank account or
- Paid by cheque which will be posted to the school for collection or
- Paid to the school to be held as credit which you can use towards education expenses

The introduction of the new payment option to have the EMA payment directed to the school provides parents with extra flexibility to assist with budgeting towards education expenses.

Eligibility:

To be eligible for the EMA in 2013, you must:

- be either a parent or guardian of a primary or secondary school student up to the age of sixteen; and
- be an eligible beneficiary of a Centrelink pension, allowance or benefit within the meaning of the State Concessions Act 2004* or
- be a Veterans Affairs (TPI) pensioner or be a temporary foster parent. * i.e – the parent/guardian must be the holder of a valid Health Care Card or valid Pension Card.

The eligibility criteria must be met as at 29 January 2013 (Instalment One) and 15 July 2013 (Instalment Two).

Payment Amounts - 2013: *Student year level (or age for ungraded and special school students) will determine the amount payable. Parents of students turning 16 years in 2013 are paid on a pro rata basis.

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<th>Prep</th>
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<td>Instalment Two</td>
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<td>Annual Total</td>
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Contact: School Office for an EMA application form and to lodge your application. The closing date for EMA application forms to be submitted to the school is 28 February 2013.

Will the EMA changes affect you?

Changes will be made to the EMA from January 2013. Saver Plus can assist you to meet your children’s school costs next year by matching your savings dollar for dollar, up to $500.

To be eligible you need to have:

- a Health Care or a Pensioner Concession Card
- a child at school or starting next year
- some regular household income, e.g. you or your partner may have casual, part-time, full-time or seasonal work

Call Deena on 8571 5670 or Susan on 8571 5978 at Jewish Care, or SMS your name to 0488 069 627.

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is funded by ANZ and the Australian Government.
PARKMORE SCHOOL REWARDS

Hi School Rewards Participants,
Thank you for participating in the 2012 and the first Parkmore School Rewards Campaign.

We would like to congratulate the winning schools below on a fantastic and very close finish especially for 2nd and 3rd.

1. Resurrection Primary School $7,000
2. Keysborough Primary School $3,000
3. Dingley Primary School $2,000
4. Chelsea Primary School
5. Chelsea Heights Primary School
6. Kingston Heath Primary School
7. Dandenong West Primary School
8. Wooranna Park Primary School
9. St Elizabeth Primary School
10. Aspendale Gardens Primary School

Applications for 2013 will be open to all Schools next year except our first place school and will be sent through mid-next year.

Once again thank you for your participation.

Congratulations to Emily D on her trophy awarded for winning the best under 11’s for figure skating. Well done Emily!!!